

# PUCK WARRIORS DUATHLON 2009

KILLORGLIN CO. KERRY



## INDIVIDUAL ENTRY

Saturday, 25th April 2009

A Fit Body Gym Killorglin - 11am

5k Run, 15k Cycle, 5k Run

Surname:  Full Postal Address:

First Name:

Sex: Male  Female

D.O.B.  Email Address

Phone:  TI Membership No.:  Club:

T Shirt Size (s, m, l, xl)

### ENTRY FEES

Payment (By cheque)	TI Members	Non TI Members
Senior (20 years and above)	€25	Add on a €15 one day license fee
Additional charge for non TI members is for one day TI License. Under TI regulations for insurance purposes a 1 day licence fee is charged to athletes who do not appear on the 2009 TI membership database on race day.		

Registration: Sat 9.30 am at A Fit Body Gym Killorglin 066-9790680

I enclose herewith my entry fee of € \_\_\_\_\_  
Cheques/Postal Orders to be made payable to A Fit Body  
And Posted to Head of Race Registration:  
A Fit Body Killorglin Co. Kerry

**HARD SHELL HELMETS MUST BE WORN DURING CYCLE**

#### DECLARATION:

I declare that I am entering this Duathlon of my own choosing and no liability will be placed on the Organisers for any injury sustained or any property lost whilst participating in the event. I confirm that I have no medical disabilities which would endanger myself or others taking part.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

